

Infants Daily Schedule Environment #2-A

ARRIVAL

7:00 am Preschool is Open

8:15 am Wash Hands and Breakfast
Developmental Play Activities and Tummy Time
Diaper Changes and Hand Washing

MORNING

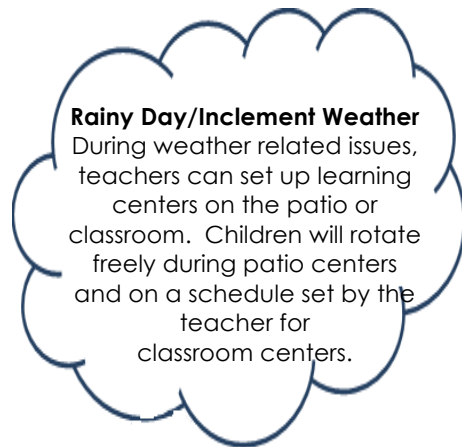
9:00am Outdoor Play
Wash Hands and Water Break
Group Time and Story Time
Developmental Play Activities and Tummy Time
Diaper Changes and Hand Washing



11:00 am Lunch Time for Older infants
Music and Movement
Story Time

AFTERNOON

12:00 n Naptime for Older infants
Diaper Changes and Hand Washing
Outdoor Play
Afternoon Snack
Diaper Changes and Hand Washing



Rainy Day/Inclement Weather

During weather related issues, teachers can set up learning centers on the patio or classroom. Children will rotate freely during patio centers and on a schedule set by the teacher for classroom centers.

LATE AFTERNOON and DEPARTURE

3:30 pm Afternoon Group Time and Read Aloud
Developmental Play Activities
Tummy Time
Diaper Changes and Hand Washing

6:00pm Preschool is Closed

The Dick Howser Center follows research-based practice in routines for infants. Routines should be consistent, yet flexible to accommodate each child's individual temperament and pace. Schedules (daily sequence of events such as choice play opportunities, lunch, outdoor time) and routines (caregiver interactions during eating, napping and bodily care) provide the repetitive patterns very young children need to develop a sense of security in out of home care. Infants eat, sleep, and play according to their own rhythms rather than set schedules. All infants are diapered as needed, rather than on a schedule. During inclement weather, infants will not go outside. Instead they will be given indoor opportunities for "tummy time" and gross motor activities.

